

THE TIDAL THAMES: How healthy is it?



Water quality has improved; the Thames is home to **40 species of fish** 

Seahorses & seals


live in the river



DID YOU KNOW?



When it rains in London **raw sewage** overflows into the Thames

75% of bottom-dwelling fish have **plastic fibres** in their gut* 

*McGoran, A.R. et al, 2017

THAMES RIVER WATCH:

Help us make the river healthier



Join a clean up!
or set up your own
group via our
Leading a Waterway
Clean Up training

**Get your
school involved**
in our Thames
Observatories,
using the river as
a classroom



For more visit www.thames21

BECOME A CITIZEN SCIENTIST:

Collect vital data

Attend our training to:

Survey plastic litter on the river & work out where it's coming from



Become a Thames Ambassador & share the Thames story with the public



Test water quality to see how sewage is affecting wildlife



The data is shared with relevant authorities and used by Thames21 to campaign for change

[.org.uk/thames-river-watch](https://www.thames21.org.uk/thames-river-watch)

THAMES RIVER WATCH

Understanding the health of the tidal Thames

Learn
new skills
and meet
new people



Get to
know
your patch
of the river



Spend time out in nature



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